

...the next step



ADVANCED

TRUE COLORS

*“The future belongs to those who believe
in the beauty of their dreams.”*

Eleanor Roosevelt

ADVANCED TRUE COLORS...



“Having absolutely loved the True Colors seminar, and wanting a “refresher” in my life before going to college, I decided to try out the Advanced True Colors Seminar. It was far more than I could have imagined. I experienced the potential that exists in each human being to form meaningful connections and mutually beneficial relationships, and the tools to create those connections. These skills were invaluable to me as I forged a plethora of new college friendships during my freshman year. Advanced True Colors also gave me the space to dream about what I want to create in my life, teaching me how to see and how to move beyond the limits of what I thought was possible. I learned skills to remain in touch with these dreams and simple and effective ways to manifest them daily. Today, as a recent graduate of college, I still recall the experiences and skills I learned at Advanced True Colors as I create a fulfilling and exciting future for myself—knowing that what I once thought was only possible in theory, is indeed a realistic future. In short, this seminar taught me how to dream, to play, to tap my own intrinsic curiosity, and to create lasting joy in and gratitude for this adventure called life.”

~ David Larson
*Advanced True Colors Graduate
Fulbright Scholar*

ADVANCED TRUE COLORS PURPOSES



ADVANCED TRUE COLORS assists you to:

A ccept that you are capable, that you are genuinely needed here and that what you do counts.

S trengthen your relationships through cooperation, honest sharing, negotiation and listening.

P ractice self-discipline and self-control to create more personal freedom.

I ntegrate your natural wisdom and vision to create a meaningful life.

R espond to the consequences of everyday life with responsibility, integrity, flexibility and a sense of humor.

E njoy your accountability...remembering you are the director, the producer and the star of your life.





ADVANCED TRUE COLORS DAILY OUTLINE

Teens know the benefits of ADVANCED TRUE COLORS because it builds upon their TRUE COLORS learning, insights and experiences. They come committed and ready to create the maximum value possible! This outline is an overview of what we focus on during the 5 1/2 days of seminar. We actually do much more...including sharing, team building activities, interactive processes, reflection and some writing.

Day **1**

- **Ownership:** What have I created so far? Owning my choices, taking stock of now.
- **Vision:** Who am I? What are my dreams for the future? What are my next steps?

Day **2**

- **Pain and Pleasure:** Understanding the two main driving forces in humans.
- **Accountability:** Creating and keeping agreements I choose to live by.
- **Legacy:** Imagining my future self. What will I create?
What legacy will I leave behind?
- **Blocks:** How do I stop myself from dreaming big and living those dreams?

Day **3**

- **Growth:** Understanding my family system and how I grow within it.
- **Acceptance:** Empowering myself for the future by accepting the 'tools' gained from my past experience.
- **Clarity:** What do I value? Where do I stand?

Day **4**

- **Authenticity:** Claiming my unique self.
- **Purpose:** Finding my own special purpose for being in the world.
- **Value:** What gifts I offer to the world.
- **Commitment:** Committing to be my best self and living in service to my world.



A New Day...

Day **5**

- All New In 2012! We've added an extra day to Advanced True Colors. All new content, new experiences and new learning!

Register now for this great experience!

Phone 800.697.0040

or online at www.wings-seminars.com

LOST VALLEY EDUCATIONAL CENTER

Lost Valley Educational Center is an intentional living community and nonprofit center located on eighty-seven beautiful acres in the foothills of the Cascades, eighteen miles southeast of Eugene, Oregon. The center includes forest, meadow, gardens, a creek and a 45-acre recovering forest. The center is committed to stewarding the land and developing a sustainable culture.

Teens at Lost Valley stay in one of the two rustic dormitories, which are nestled in the woods among Douglas fir trees. Each dormitory has a full bathroom on each floor. Each dorm room has two bunk beds, accommodating up to four people. Other groups may be staying at Lost Valley while the teens are there.

The food service at Lost Valley is known for its tasty and abundant *ORGANIC VEGETARIAN* cuisine, cooked and served in an atmosphere of loving and caring service. Community grace is often said before meals. Commitment to the health of residents, visitors and the planet is apparent through the food served, which is grown organically, bioregionally and locally whenever possible.

Lost Valley has standards of behavior that all visitors are required to follow in order to assure the safety and equal respect of all visitors at the facility. If you would like more information about Lost Valley Educational Center, please visit their website at: www.lostvalley.org



ADVANCED TRUE COLORS

For Teens ages 15-18 years old

Hours:

Day 1	5:00pm - 9:00pm
Day 2	9:00am - 9:00pm
Day 3	9:00am - 9:00pm
Day 4	9:00am - 9:00pm
Day 5	9:00am - 6:00pm
Celebration Day 5	6:00pm - 7:00pm



Prerequisite: True Colors

Tuition: \$545.00

Meals & Lodging: \$250.00



REGISTER EARLY SPACE IS LIMITED...CALL TODAY!

Call 800.697.0040 or view us on the web at: www.wings-seminars.com

